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Abstract
In recent years, several factors, including the climate of globalization, the financial support of Taiwanese government and universities, and students' awareness for gaining international experience, have increased the number of students who choose to study abroad. Most Taiwanese students studied in the U.S. However, Taiwan and the U.S. have different cultures. In order to help students understand culture and adjusted to new environment, this research aimed to discuss culture shock, culture adjustment, and learning strategies of exchange students from Taiwan to the U.S. Through qualitative research methods, the researcher interviewed nine graduate exchange students, who already came back Taiwan from the U.S.A. The results of this study included: (a) culture shock was limited, (b) exchange students adapted mind adjustment ways, and (c) the learning strategy was changed. In addition, the relationship between people and the experience of living outside had great help. Therefore, this research suggested that students need to obtain related information through multiple ways. They need to not only develop the ability for living independently, but also adjust their attitude for cultural adaptation in a new environment.
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